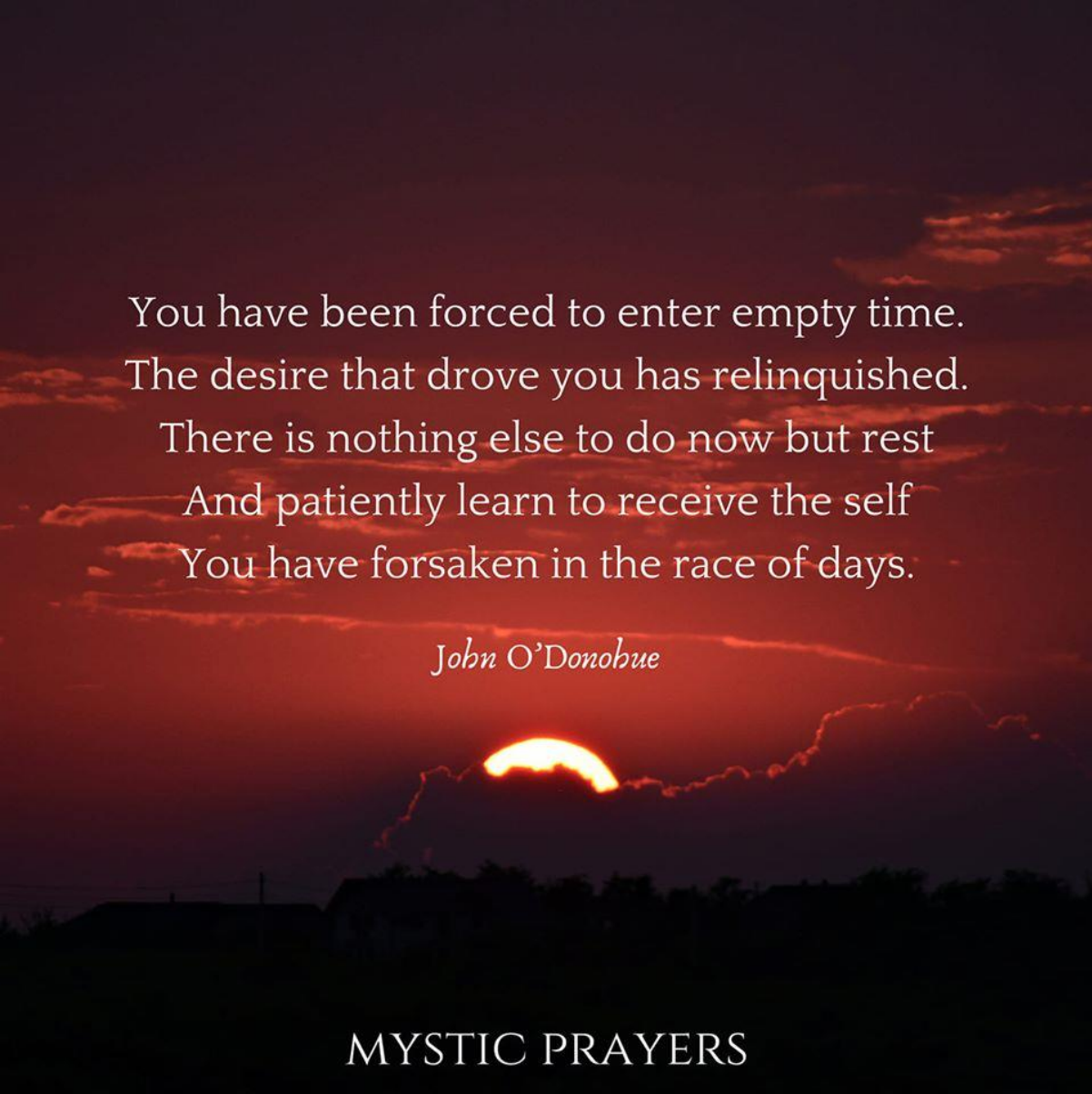


John O'Donohue's poems are always helpful in our spiritual quest, and this extract is particularly relevant to this time of lockdown.



You have been forced to enter empty time.
The desire that drove you has relinquished.
There is nothing else to do now but rest
And patiently learn to receive the self
You have forsaken in the race of days.

John O'Donohue

MYSTIC PRAYERS